

Full Day Interactive Workshops

2011 2nd annual International Naturally Autistic® People Awards and Convention

Saturday, September 24, 2011

*All workshops in category B are suitable for children, youth and adults on the autism spectrum, their families and siblings – all materials supplied. **For Workshop Leader Bios please visit www.naturallyautistic.com

Workshops A

1A/B

09.00 am – 10.00 am – “The Autistic Paradigm from the Inside Out”, Leonora Gregory-Collura & Charlie Collura. This interactive workshop is designed to have the participants experience (for the first time) **“The Autistic Paradigm from the inside out”** – how autistic people feel and experience a variety of situations. The purpose is to empower the educators and parents/care-givers to connect what they learn about the Autistic Paradigm to their own experiences and perceptions. Using video footage and interactive sensory exercises the participant/care-giver can bridge what they learn to daily application in the classroom, home and surrounding community environments.

2A

10.15 am – 11.15 am - “Navigating Life and Education: Keeping the Big Picture in Sight”. Dr. Perner has written extensively about autism & has conducted workshops at numerous conferences focusing on College preparation and overcoming barriers for ASD students. This workshop will focus attention on how to effectively navigate life and education from the autistic perspective. Dr. Perner is a frequent presenter for the American Psychological Association and is the editor of *“Scholars with Autism”* to be released in 2012, a book he will be referencing during the workshop. Participants will find this workshop informative, applicable and fun. Dr. Perner delivers his material with humor as well as personal insight.

Workshops B

1A/B

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2B

10.15 am – 11.15 am – “Visual Arts – Planting Pictures”. 2010 Award Recipients, Maria Iliou, *Dani Bowman and Joel Anderson* will share what captivated their imagination in the visual arts and how they have used visual arts as a communication tool, a form of personal expression and an opportunity to follow their passion in self advocacy, serving community and creating a career. This workshop is for individuals of all ages and is experiential & interactive. **Bring your cameras, iPods and laptop computers. Art supplies will be provided.*

*Naturally Autistic ANCA reserves the right to change workshop descriptions and/or workshop leaders at its discretion

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3A/B

11.30 am – 12.30 pm – “The GFCF Fusion Revolution”. GFCF Chef Tom Dickinson introduces the importance of “*gluten free casein free*” cooking to ASD kids and their families, bringing to the table interactive fun and healthy living. A workshop providing direct interactive experiential approaches to cooking using locally sourced ingredients and redefining it as “GFCF Fusion”. Chef Tom will share the basic principles of cooking combined with his own personal and professional experience.

3A/B

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4A

01.00 pm – 02.00 pm – “Raising a Confident Child on the Spectrum”. From personal experience as a father, husband and parent of three ASD children (living the autistic life-‘all in the family’), Brian R. King will share the six essential needs of every child on the autism spectrum and how you can consistently meet each need in order to help your child build and sustain self-confidence. This interactive workshop focusing on “Relationship Building” is for families, educators, support staff and clinical professionals.

4B

01.00 pm – 02.00 pm – “Following Our Dreams - Guiding Principles Toward Success”. Jan Beaver Coad and Tim Pylypiuk share the journey for autistic people who dream of personal success. Connecting your dreams to your future; working toward authenticity and productivity. This introductory workshop shares personal experiences as autistic individuals, parenting on the spectrum and developing friendships. Jan and Tim run a weekly radio show supporting autistic youth and adults to follow their dreams. Interactive with exercises and opportunity to share ideas, passions and interests; this workshop will be supportive and insightful for those who attend. *“To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment”~ Ralph Waldo Emerson.*
**Materials provided*

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4A

02.15 pm – 03.15 pm – “ASD/Non-Spectrum relationships: Common Issues & Unique Solutions”. Mrs. Moreno has been married to a man with strong autism traits for over 42 years. In partnership with two other women married to men with autism and Asperger syndrome, respectively, they have just published The Spouse’s Guide to Asperger Syndrome & co-host regular regional meetings of Non-Spectrum partners of ASD individuals. This workshop provides an introductory look at issues such as communication, intimacy, and trust that are common to all marriages and communal partnerships, from the ASD/Non-Spectrum perspective.

5A/B

03.30 pm – 04.30pm – “Coloring perceptions through positive imagery”. Interactive Workshops’ SHOWCASE, “Creating partnerships in your community” – *presented by radio show host and mom Kelly Green*. Presenting projects by autistic students & students from the Sunshine Coast School District - *what educators can do to make a difference*; Entrepreneurship – *creating bridges with the business community*; Murals and Chalk Walk Festivals - *what a parent can do in his or her local community providing hands on experiences for ASD children & youth*.

4B

02.15 pm – 03.15 pm – “Literary Arts & Music”. UK performance artist P.J., better known as ‘Undesirable Autistic Rapper’ explores how music can be used as a universal language and a communication bridge for autistic children, teens and adults. This interactive workshop will enable your child or autistic individual (siblings included) to explore his/her creativity by experiencing sounds and words transferred to rhythm and music. Participants will learn how the rhythm of sounds and words can be *turned into musical compositions*. **Participants can bring their own instruments and materials they may wish to share during the workshop. Workshop materials provided by workshop presenters* **Other Presenters TBA

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